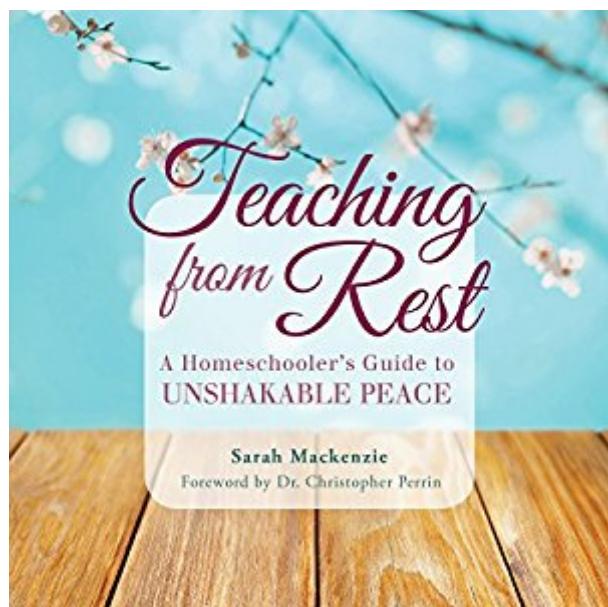


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# Teaching From Rest: A Homeschooler's Guide To Unshakable Peace



## Synopsis

Those who have made the decision to homeschool their children have done so out of great love for them and a desire to provide them an excellent education in the context of a warm, enriching home. Yet so many parents (mainly mothers) who have taken up this challenge find the enterprise often full of stress, worry, and anxiety. In this practical, faith-based, and inspirational book, Sarah Mackenzie addresses these questions directly, appealing to her own study of restful learning and her struggle to bring restful learning to her (six) children.

## Book Information

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## Customer Reviews

First of all, this is a good book. A very good book. I read it three times in a row to let its wisdom sink in. It gives an excellent reorientation toward a God-dependent commitment to the souls of our children, the reason that most of us are homeschooling in the first place. And it's not just philosophical; it's also practical. Sarah Mackenzie gives good suggestions for pursuing a restful home education setting, rather than a frenzied, academic-success driven one. But, I found myself wondering, how will this model look in the high school years? The author herself hasn't yet plunged into the waters of homeschooling high schoolers, waters that often feel very icy with uncertain post-secondary plans, SATs, dual credit options, and college applications circling us like sharks! She encourages parents not to worry if we don't finish the math book this year as long as we've focused on the deeper things of goodness, truth, and beauty, and I love her advice. For those of us with teenagers, however, who will soon need to enter or reenter the world of textbooks,

standardized evaluations, and transcripts, our kids just need to finish the math book this year or they can't move on to the next level of math. Whether they see the beauty in Algebra 2 or are inspired by it is very easily shuffled off to the side in the necessity of passing the CLEP test so we can get a jump on college credits and possibly afford a college education. I'd love to see a Teaching High School from Rest after the author has the homeschooling of a few teens under her belt!

I read and re-read and re-read the first edition ebook. When this new second edition came out, I immediately purchased it - - - now there is something comforting in holding this book in my hands as I really digest the words of wisdom. This book is not just about homeschooling; it is about living. I'm a better wife and mother for it - - - not just a better teacher to my children. I am more at ease in my day-to-day living. I can breathe more easily through the chaos. I put this book right up there with Real Learning by Elizabeth Foss or For the Children's Sake by Susan Schaeffer Macaulay as mandatory reading before each school year. Sarah's book is definitely for a Christian reader and homeschooler who builds her house on God. The target audience is a Christian homeschooling mother - and one with classical and Charlotte Mason methodologies. I'm not sure how much it will resonate with those who do not share all of those qualities in the target audience. I am the target audience - and I feel Sarah has spoken directly to me over a cup of coffee, encouraging me, reminding me of the Scriptures, softening my heart to see my children instead of the checklists, and holding my hand through the challenging job of teaching from a state of rest. I'll likely be reading this book quarterly for that little pep talk I need to re-focus and find that state of rest.

Teaching from Rest reminds a homeschooling mother to reorient her thoughts and goals to reflect a more holistic approach to learning when designing the curriculum for her children; one that nurtures the intellect and soul. As many of us are products of traditional schooling, this book reminds mothers (and fathers) that the goal of education should be a humanizing one, not just an education that emphasizes productivity and "success" measured in scores, scholarships, and acceptance letters to top schools. Sarah Mackenzie accomplishes this by sharing wisdom and insights on "schole", restful learning, showing you that it is achievable and realistic for the homeschooling family.

Thanks, Sarah, for expressing your experiences and pointing us to the Lord Jesus. I love your long-term view of our work. I am glad for your encouragement to associate with other women. I too, have found this strengthening. Teaching from Rest -- I'll cherish those words this year.

This book is so great I had to buy the hard copy after reading it on my kindle. I homeschool my son who is autistic and is very difficult to make him get anything done (brick and mortar school was a major hot mess) this book helped me understand that I really need to go with the flow. I'm a religious person but not in the traditional sense. I guess you can say I'm very eclectic to my devotion. This book really hits home and even though it talks a lot about God, you do not feel that you are being preached at. To me this is a channeled book from Spirit. It's amazing!

This book is a small gem! Even after homeschooling for 12 years I found this book helpful! Great reminders about what our priorities should be and not biting off more than we can (or should) chew!

I read "Teaching From Rest" over Christmas and the Lord has used it in tremendous ways in my to shape my mind and heart in our homeschool journey. Sarah articulated many of the things that I was feeling about home schooling and didn't know how to express. I took a good hard look at what we were doing and why and in the end cut back not only on what I expected from my girls, but also from myself. I was enjoying home schooling before, but now I am loving it!

I've retread this book multiple times, and I think I will continue to read it yearly just to reset my mind frame as I start each school year. It is refreshing to find a homeschooling book that doesn't revisit the same themes as all the other homeschooling books. This is a new perspective, and one which the homeschooling community truly needed. And, yes, I truly needed it too.

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